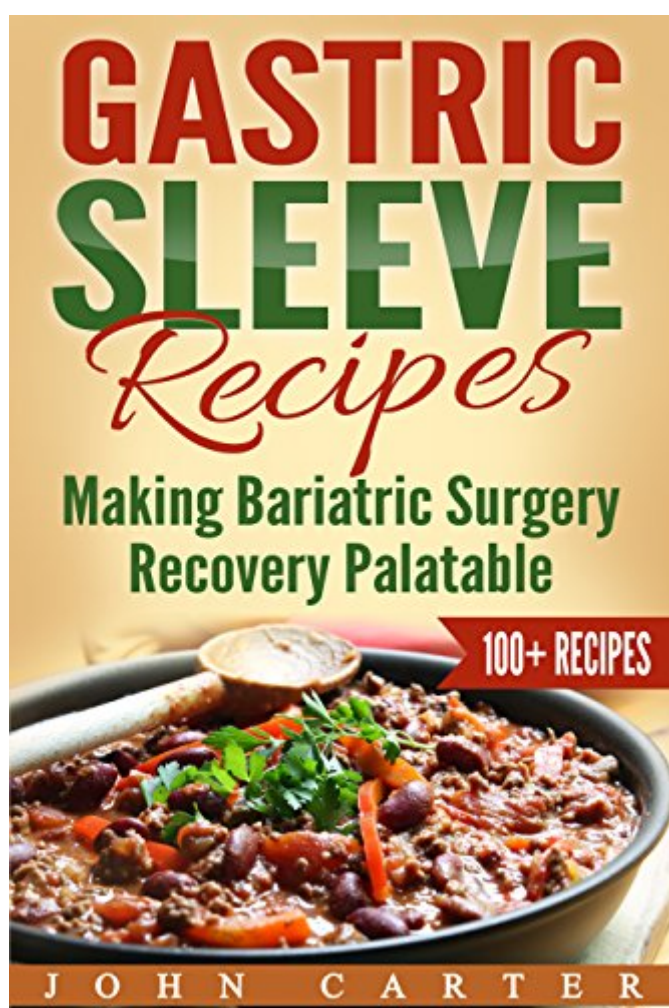


The book was found

# Gastric Sleeve Recipes: Making Bariatric Surgery Recovery Palatable (Gastric Sleeve Diet, Gastric Sleeve Cookbook Book 3)



## Synopsis

Enjoy Every Meal After Your Gastric Sleeve Surgery! Click the Read More button to discover your Gastric Sleeve Recipe options for each stage of your recovery. In the first two weeks after your surgery, you can only choose between a few basic liquid meals. This book starts in the third week when you can start experimenting with more interesting ingredients. Inside, you will discover meals, sides, snacks, desserts, and drinks for each stage of the recovery process: Week 3 Pureed Food Recipes like Beef with Avocado Week 4 "Real Food" Recipes like Death by Chocolate High-Protein Pudding Month 2 Recipes like Banana Almond Cinnamon Oatmeal Recipes for Month 3-6 (and Beyond) like Braised Pork Chops with Sweetened Apple Rings Remember you must not cheat on your gastric sleeve/bariatric diet. Instead, get this book, follow these simple recipes, and stay true to your prescribed program. With the delicious options in Gastric Sleeve Recipes, you can come through your recovery with a smile and a new, healthier body! Don't dread a bland recovery or get your copy of Gastric Sleeve Recipes today and plan a tasty, healthful recovery diet! It's easy to order or just scroll up and click the BUY NOW WITH ONE CLICK button on the right side of your screen.

## Book Information

File Size: 2302 KB

Print Length: 105 pages

Simultaneous Device Usage: Unlimited

Publication Date: July 2, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B073NVSRL

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #57,479 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #6

in Kindle Store > Medical Books > Medicine > Internal Medicine > Bariatrics #25 in Kindle Store

## Customer Reviews

This book is truly helpful for those who undergo Bariatric Surgery. It offers a selection of recipes for them to enjoy. Recipe options are limited for the fluids phases of post-surgery diet, and the gastric bypass diet pureed food phase as well as the soft/moist food phase makes eating more like work than an enjoyable experience.

Great book for anyone! This is a very well written and very detailed that anyone can easily follow. It also provide some recipe that are healthy and delicious. I found this book really useful and helpful. I highly recommend this book to anyone interested!

The supper designs gave, I believe is an ideal setup for the general population after gastric sleeve surgery. This book is quite recently ideal for me to have scrumptious, solid and simple to cook formulas straight from my kitchen. I trust on the off chance that you read this book you can take in more. I simply eager to propose every one of you to peruse this book everybody.

This book is really perfect for someone who has undergone some gastric surgery. It has ideal recipes that can help you recover from the surgery. It's easy to prepare and you can easily find the ingredients in your local market.

This book is good, it gives your imagination a boost even before you cook. After my surgery I thought I'd have to eat cardboard, tasteless foods forever, or just water. This book opens up so many options you feel free.

[Download to continue reading...](#)

Bariatric Cookbook: Delicious Recipes for Your Gastric Sleeve Recovery (Gastric Sleeve Cookbook, Bariatric Cookbook, Bariatric Surgery, Gastric Bypass Cookbook, Gastric Sleeve Book 2) Gastric Sleeve Diet: A Comprehensive Gastric Sleeve Weight Loss Surgery Diet Guide (Gastric Sleeve Surgery, Gastric Sleeve Diet, Bariatric Surgery, Weight Loss Surgery, Maximizing Success Rate) Gastric Sleeve Recipes: Making Bariatric Surgery Recovery Palatable (Gastric Sleeve Diet, Gastric Sleeve Cookbook Book 3) Gastric Sleeve Cookbook: Delicious Recipes to Recover Yourself After Bariatric Weight Loss Surgery (Gastric Sleeve Cookbook, Bariatric Cookbook, Bariatric ... Bypass

Cookbook, Gastric Sleeve Book 1) Gastric Sleeve Cookbook: Delicious Recipes to Recover Yourself After Bariatric Weight Loss Surgery (Gastric Sleeve Cookbook, Bariatric Cookbook, ... Bypass Cookbook, Gastric Sleeve) (Volume 1) Gastric Sleeve Cookbook: A Food Guide to Stages One and Two of Your Gastric Sleeve Surgery Recuperation (Gastric Sleeve Diet, Gastric Sleeve Recipes Book 1) Gastric Sleeve Recipes: Making Bariatric Surgery Recovery Palatable Gastric Sleeve Diet: Step By Step Guide For Planning What to Do and Eat Before and After Your Surgery (Gastric Sleeve Cookbook, Gastric Sleeve Recipes Book 2) Gastric Bypass Cookbook with Photos and Complete Nutrition Information: Weight Loss Surgery Recipes and Meal Plan For Gastric Bypass, Gastric Sleeve, Lap Band, and Other Bariatric Surgery Gastric Sleeve Cookbook: PRESSURE COOKER - 40+ Bariatric-Friendly Pressure Cooker Chicken, Beef, Pork, Fish and Seafood Recipes for Post-Weight Loss Surgery ... (Effortless Bariatric Cookbook Series 7) Gastric Sleeve Cookbook: BREAKFAST - 40+ Easy and skinny Bariatric-friendly Breakfast Muffins, Quiche, Frittata, Sausage, Waffles, Pancakes, Oats Recipes ... Diet (Effortless Bariatric Cookbook Series) Gastric Bypass Recipes: 80+ Simple Recipes for the First Stage After Gastric Bypass Surgery (Gastric Bypass Cookbook, Gastric Bypass Diet Book 1) Gastric Bypass Cookbook: 100+ Quick and Easy Recipes for stage 1 and 2 After Gastric Bypass Surgery (Gastric Bypass Diet, Gastric Bypass Recipes) Gastric Bypass Recipes: 80+ Simple Recipes for the First Stage After Gastric Bypass Surgery (Gastric Bypass Cookbook, Gastric Bypass Diet) Gastric Sleeve Cookbook: QUICK and EASY - 40+ Bariatric-Friendly Salad, Soup, Stew, Vegetable Noodles, Grilling, Stir-Fry and Braising Recipes You Can ... (Effortless Bariatric Cookbook Series 6) Gastric Bypass Diet : Step By Step Guide to Gastric Bypass Surgery (Gastric Bypass Cookbook, Gastric Bypass Recipes) Gastric Sleeve Cookbook: DESSERT - 40+ Easy and skinny low-carb, low-sugar, low-fat bariatric-friendly Fudge, Truffles, Cakes, Mousse, Popsicles, Crumbles ... (Effortless Bariatric Cookbook Series 3) Gastric Sleeve Cookbook: FLUID and PUREE - 30+ Shakes, Drinks, Broth and Puree recipes for early stages of post-weight loss surgery diet (Effortless Bariatric Cookbook Series 1) Weight Loss Surgery: The Ultimate Introductory Guide to Bariatric Surgery, Including Gastric Bypass, Sleeve, and Diet Gastric Sleeve Cookbook: A Food Guide to Stages One and Two of Your Gastric Sleeve Surgery Recuperation

[Contact Us](#)

[DMCA](#)

[Privacy](#)

